

## BREAKFAST ALL DAY

| TOAST <br> White, multigrain, light rye, gf, Turkish bread with butter, vegemite, peanut butter, raspberry jam or honey | 9.5 |
| :---: | :---: |
| FRUIT TOAST <br> with butter | 10.5 |
| APPLE \& CINNAMON BIRCHER MUESLI (Vegan) <br> Soaked oats, raisins, coconut yoghurt, fresh berries, toasted almonds | 15.5 |
| EGG \& BACON TURKISH <br> Cajun BBQ relish, angus jack cheddar, mayonnaise, roquette | 16.0 |
| OMELETTE <br> Your choice of 1 protein \& 3 fillings - served with toasted light rye |  |
| Bacon/Smoked Salmon/Chorizo |  |
| Mushrooms, spinach, cheese, Spanish onion, fresh tomato, roast capsicum, sundried tomatoes | 21 |
| SMASHED AVO <br> Poached eggs, beetroot hommus, pomegranate \& cherry tomato salsa w/ grilled haloumi, taco crumble on toasted ciabatta bread | 20.5 |
| THE TRIPLE B <br> Braised BBQ brisket, poached eggs, roquette, saffron hollandaise on a toasted poppyseed bagel | 23.5 |
| EGGS YOUR WAY w/ toast <br> Poached, fried or scrambled eggs on your choice of toast | 14.0 |
| SIDES |  |
| Bacon, chorizo, salmon, haloumi | 5.0 |
| Avocado, mushrooms, spinach, hashbrowns | 4.0 |
| Extra slice of toast, Extra egg | 3.0 |

## LUNCH FROM 11 AM

## STICKY CHILLI CHICKEN OR BEEF BROWN RICE BOWL

Marinated chicken/beef, coriander, cashews, Bok choy, edamame, carrot, chilli, egg, nam jim dressing, sesame seeds

## SUPERFOOD SALMON OR CHICKEN <br> WITH CRISPY NOODLES \& KALE SLAW

Lemon pepper marinated chicken/salmon with ancient grains, superseeds \& a dill crème fraiche

## PERI PERI CHICKEN BREAST

Portuguese marinated chicken breast with sweet potato, mixed
frijoles and capsicum salad served with a sun dried tomato hommus

## BOWL OF CHIPS

with chipotle mayo

## DISPLAY

Toastie's, muffins, slices, sandwiches and salads

Food allergy notice - if you have a food allergy or a special dietary requirement please inform a member of the hospitality team. Whilst every care is taken, food produced in our kitchen may contain milk, eggs, wheat, soybean, peanuts, tree nuts, fish and shellfish


MAKE YOUR OWN SANDWICH \$14 MAKE YOUR OWN BOWL $\$ 17$

BREAD - CHOOSE 1 (Make your own sandwich only)
Gluten free bread, wholemeal wrap, gluten free wrap, light rye, multigrain,
white bread, white focaccia, white wraps

## SPREAD - CHOOSE UP TO 3

Aioli, avocado, BBQ sauce, butter, cream cheese, Dijon mustard mayonnaise, pesto paste, seeded mustard, sweet chili sauce, tomato relish, tomato sauce, siracha sauce, chipotle mayonnaise

## PROTEIN - CHOOSE 1

Bacon, chicken schnitzel, poached chicken, premium ham, salami, sliced egg, smoked salmon, tuna, tofu, falafel (GF)

2nd Protein +3.50, 3rd Protein +2.50

## FILLING - CHOOSE 5

Beetroot, carrot, cucumber, mixed leaves, pineapple, roast peppers, rocket, semi-dried tomato, Spanish onion, spinach, Swiss cheese, tasty cheese, tomato, brown rice, quinoa, ancient grains, jalapenos, pickles, edamame.

## DRINKS

## SALAD DRESSING - CHOOSE 1

Balsamic, French, Italian, green goddess, dill \& yoghurt, nam jim.

